



Nubian Empire Ski Club- The "411"

Winter 2007

3rd Edition

Oh no!! The scale does NOT lie!

Cookies, candies, Mom's macaroni & cheese, uncle Edmund's spare ribs, Steve's coconut cake, Peggie's perfectly roasted turkey, champagne, football (that you were watching), the office party and Kwanzaa dinner added up to five pounds to your waistline. Official government stats from the National Institutes of Health put the average American weight gain between Thanksgiving and New Year's at about two lbs.

Either way...GET OFF THAT COUCH AND GET ON THE SLOPES!! This is our favorite time of year. The snow is finally falling, from the sky or snowguns, and we are set to have our first in a series of Eastern Region intra-club ski days. If that's not enough, they're two FABULOUS trip opportunities- SUMMIT07 at Steamboat Springs and ER Winterfest at Loon Mountain. Are you a never-ever? Phil "Papa-Smurf" Littlejohn is a certified, professional instructor and will show you the ropes. In other words, you have NO EXCUSES.

Nothing beats a great day of skiing followed by fellowship with old and new friends. JOIN US and get your 2007 off to a great start!

See you on the slopes.

Pamela Murray

pamelavsm@hotmail.com

Editor- The "411"

www.nubianempreski.com

The President's Corner

Peggie Mollnow

Hello Nubian's!!!

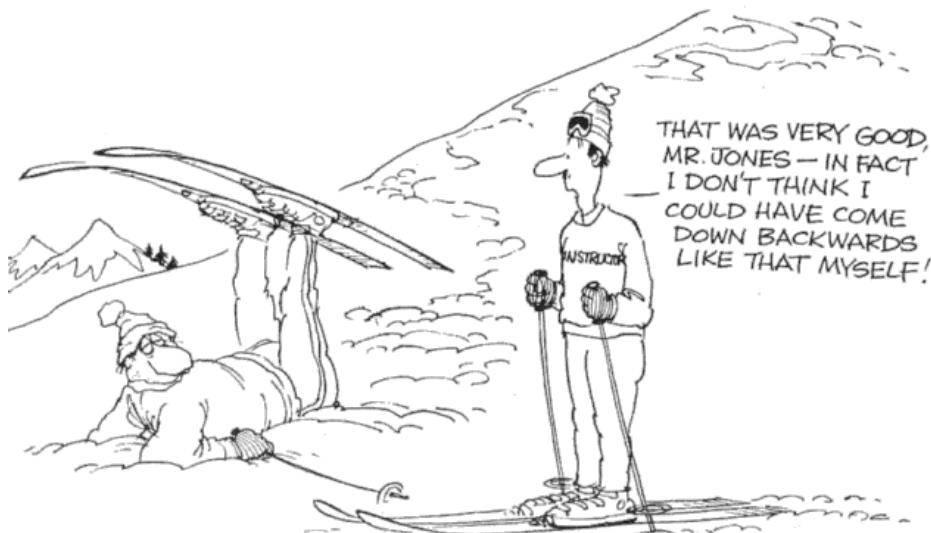
Look up in the sky...it's a bird, it's a plane...no, it's SNOWFLAKES!! There has finally been some snow up in them there mountains and the ski season is off and running. We started off with 10 Nubian's at Snowmass/Aspen for

the **ER Early Out** where they had great conditions and a good time was had by all. Your president has only been out once and is suffering severe “lackofskiitis”. But when she did go out for what she thought was just going to be a *leisurely get your ski legs back* kind of day, she hooked up with mad man **Bobby D** and was burning up the trails with him! Our first never-ever out this season was **Ms. Tracy**, and she did a fabulous job. By the afternoon her instructor had her up the chair lift and on her second run she made it down without a fall...which afterwards she proudly declared that she was now “a professional”!! ☺ So even though this season has been off to a slow start, get ready cause I feel the snow a coming and we Nubian’s have some ground to make up for!

* * * * *

You Know You're Ready For Skiing When....

- ❑ You walk around the house in your ski boots flexing while checking out your profile in the mirror
- ❑ You’re dancin’ around in your living room w/your ski boots singin’ –“I GOT SNOW YALL!! HAHA!!!”
- ❑ You leave for work but your ski boots are on because they’re the only ones at the door!!
- ❑ This is the only time of the year when you set the alarm to 4:30am on Sunday’s cause “you don’t want to miss the bus”.



Factoids:

- ❑ *Himavat (himavant)* is the Hindu God of snow
- ❑ *Chione*, the mother of Eumolpus with Poseidon, is the Greek nymph-goddess of snow
- ❑ *Illapa* is known as the popular [weather](#) god of the Incas

(source: wikipedia.org)

Your Nubian Empire Ski Club Officers and Committee Chairs

Officers

Peggie Mollnow	President/Founder	nubianqn1@verizon.net
Phil Littlejohn	Vice-President/Founder	jpittlejohn@yahoo.com
Marcella Green	Recording Secretary	grannymgreen@yahoo.com
Lillian Lee	Corresponding Secretary	LLee@uamail.albany.edu
Gregory Russ	Treasurer	duty6608@yahoo.com

Committee Chairs

Gregory Russ - Budget and Finance	duty6608@yahoo.com
Zenzele Bell - Fundraising	zenzibell@gmail.com
Dolores Lark - Membership	loisrod@aol.com
Vacant - Programs	
Pamela Murray - Public Relations	pamelavsm@hotmail.com
James Burke - Safety	jsrippl@aol.com
Donelle Hauser - Youth	dhauser@berkshirefarm.org

So what do these folks *do*?

Donelle says..

My role is to support the club by promoting and managing our **Youth Development Program**.

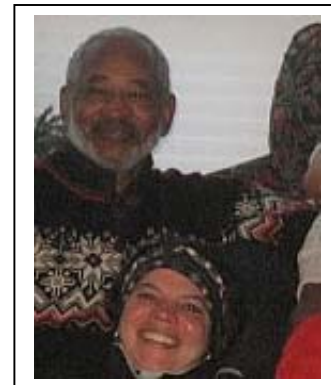
Vision:

Identify, develop and support athletes of color who will win international and Olympic sports competitions as representatives of the United States.

Goals:

- 1.) Expose and develop the interest of Capital District youth in winter sports
- 2.) Develop the youth with talent and interest to become competitive athletes

We work closely with community based organizations such as *The Department of Environmental Conservation*.



We thank our supporters and sponsors:

- Tony Lanza- Commissioner of Belleayre Mountain
- Brother Yusef- The Department of Environmental Conservation
- David Soares- Albany County District Attorney's Office
- David Gamble- Hannaford Brothers
- Wes Holloway- Price Chopper

Five ski days are already planned I welcome your support in this most *important* component of our club.

VOLUNTEERS ARE ALWAYS WELCOME! If you would like to help out on a committee, please contact that committee chair via e-mail.

We need you...



NBS Eastern Region Winterfest 2007

The Mountain Club on Loon

Resort, Spa & Conference Center
Lincoln, New Hampshire

March 22-25, 2007

Visit www.loonmtn.com for more
site information



Trip Leaders Info:

Janet Clinton

jabc4u@yahoo.com

518-573-8369(C)

518-392-2539(H)

Delma Phillips-Siegel

delma_ny@yahoo.com

518-253-9540 (C)

Make checks payable to NESCS

Delma will collect money.

Call or email for details

Dates and Rates

Registration, Lodging and Ground Transportation:

\$55.00

non refundable

Due by Dec 20, 2006

114.00

add 10.00 if you missed 12/20/06 early
registration date

Due by Jan 10, 2007

\$114.00

Due by Feb 2, 2007

\$114.00

add 20.00 if missed 2/2/07 deadline

PLUS Lift ticket money

Mar 2, 2007

Suites reserved, sleeps 4-5 people each, complete
with kitchen

Lift Ticket Info

1-Day \$35.00

2-Day \$65.00

3-Day \$90.00

Due by March 2, 2007

NON-SKI ACTIVITIES

- Nordic
- Climbing Wall
- Tubing
- Snowshoeing
- Ice Skating
- Snow Cycling

Enjoy all that Loon Mountain has to
offer even if you are not a skier!

From the membership chair:

New members are always welcome! For those who have not renewed your memberships - This is a REMINDER to renew as quickly as possible. Membership is only \$35.00 check or money order. Questions? Contact: Dolores Lark- Membership Chair, loisrod@aol.com

Milestones

Special Props to...

- ❑ **Denisha Brown**- “always a Nubian club member” who was named The Big Brother/Big Sister of Albany, NY Mentor of the year.
- ❑ **Doloris Lark**- she did an EXCELLENT job coordinating a very successful first Annual Season Opener/ membership drive and fashion show! Additionally, the NESC booth was well represented at the community Kwanzaa celebration. Thank-you, Doloris!!

We wish our January, February, and March "babies" a happy birthday!

If there is a milestone, shout-out, or special announcement that you would like to share, it could be posted here!

Other Events

See the events calendar above and PLAN AHEAD for the ER Ski Trip Days at Windham and Belleayre. Questions? Contact our President and ER Director, Peggie Mollnow.

Youth Development

The dates are set and we need your help. Volunteer to assist the Youth Development committee this ski season.

Again, the dates are: **January 21, February 3, February 25 and March 3 at Belleayre Mountain.**

(Please note that we are working on make-up dates for the two postponed trips)

Members who want to sign up any youth should be a Nubian Empire Ski Club member in good standing. The procedure for involving a Nubian youth in the ski program requires that she/he be a Nubian Empire Ski Club member.

In addition, guardians must submit a ski permission slip along with \$10 the Monday prior to the ski trip . The completed forms go to Donelle Hauser- PO Box 896 New Lebanon, NY 12125 or submit at the ski meetings.

Checks should be made out to NESC (Nubian Empire Ski Club).

For more information, contact Donelle at dhauser@berkshirefarm.org or call 265-6218 or 781-3325 with additional questions.

Safety

Please log onto the website for great ski preparation tips!

Backpage

Club Jackets are available!

We are now accepting orders for our beautiful "color of sunsets" club jacket! The jackets are \$250 - 300. A \$125 deposit must be given to Peggie Mollnow.

Photography Collective

Are you a shutterbug? Want to learn how to take great pictures? Then consider being a part of a group of photo enthusiasts! Contact Phil Littlejohn for more information.

It's not too late to be an NBS Partner

Discounts abound and still remain for future trips. To register for the partner program, go to the National Brotherhood of Skiers website (www.nbs.org) and click on Partner Program.

Need tickets?

This site was noted by one of our members for great deals on lift tickets. Check it out www.meticket.com.

IMAGE OF THE SEASON

Those LUCKY DUCKS shussing in Aspen!! For those of us who couldn't make Early Out, this is what we missed!

